

Definition of a Spiral Curriculum

- A spiral curriculum is one that works with increasing detail about the same subject over a period of time.
- The teaching of music concepts occurs in spirals.
- Body Mapping can be taught in increasing detail.

Why Teach in Spirals?

- The average human attention span **decreased by nearly 25%** between 2000 and 2015.
- TL;DR. = too long, didn't read
- Fundamentals need to be clarified before in-depth mapping.

Designing a Spiral Curriculum

First Steps

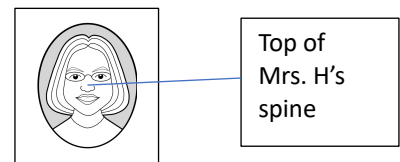
- Choose the fundamental information.
- Realize that you will come back to the fundamentals multiple times.
- Explain fundamentals as simply as possible.
- Use common words first. Add Latin names later and as needed.
- If you are writing, add a glossary with clear definitions.
- Assume the student/reader knows nothing.

Next Steps

- Based on the fundamentals, add more information that will amplify what the student/reader already knows.
- Add more terminology and define it in your glossary.
- Include more ways to explore this information.
- Refer to fundamentals as needed. The basis of a *spiral curriculum*.

Present Information in Chunks

- Make information easy to find.
- Create text boxes.
- Label illustrations for the element you are teaching.
- **Change fonts.**
- Create an index for keywords and illustrations.



Resources

Piano Moves: a Spiral Curriculum for Body Mapping in the Piano Studio, Kay S. Hooper.
www.allsensepress.com

The 16 Undeniable Laws of Communication, John C. Maxwell. Maxwell Leadership