



Association of Body Mapping Education (ABME) Statement of Belonging

The Association for Body Mapping Education values accurate information about the body. We recognize that bodies are diverse in size, shape, ability, and cognition. Further, we recognize that race, ethnicity, class, culture, nationality, age, religion, gender expression, and sexual orientation inform the body map and therefore movement. We recognize the diversity of each body and honor the myriad social and physical ways each person maps their body.

We acknowledge the particular violence, discrimination, barriers, and systemic harm done to historically marginalized people, including but not limited to people who are Black, Indigenous, Transgender, Women, LGBTQIA+, and who are of Color around the world. We acknowledge that racism, discrimination, and shame can be perpetuated through the unconscious assumption of privilege and the implicit bias embedded in the practices of organizations.

We seek to internalize anti-racist and diversity practices in ABME to foster greater access, diversity, equity, inclusion, and belonging in our teaching, and within our organization.